

Mess Menu JANUARY-2024

Day	Breakfast	Lunch	Snacks	Dinner
Sunday	Idly & Sambhar, Tea	Jira rice, Puri, Vegetable, Chole Masala, Pappad, Sweet	-	Khichdi, Kadhi / Rice Dal (Toor Dal)
Monday	Poha/ Sev/Lemon, Milk with Bournita, Tea	Rice, Dal (Toor Dal), Bajara Roti, Vegetable ,Salad	Roasted Channa	Rice, Dal (Masoor) , Chapati, Vegetable
Tuesday	Bhel, Boiled Channa, ,Tomato Sauce Milk with Bournvita, Tea	Rice, Dal (Toor) , Chapati, Vegetable, Salad	Fruits	Rice, Dal (Mix) , Chapati, Vegetable
Wednesday	Puri & Sabji, Milk with Bournvita , Tea	Pulav (vegetables), Salad,Pappad	Bakery Item	Rice, Dal (Toor) , Chapati, Vegetable
Thursday	Sooji Halwa, Channa Fried, Milk with Bournvita, Tea	Rice, Dal (Mix) , Chapati, Vegetable, Salad	Popcorn	Rice, Dal (Masoor) , Chapati, Vegetable
Friday	Vegetable Pulav, Milk with Bournvita , Tea	Rice, Dal (Toor) Vegetable, Chapati, Salad	Biscuits	Dal Dhokali / Dal Bafala
Saturday	Tikha Dalia, Milk with Bournvita, Tea	Rice, Dal, Chapati, Vegetable, Salad	Murmure / Pani Puri	Rice, Dal, Chapati, Vegetable

- At 11:00 Am daily sanacks will be given to students.
- The fruits will be given as per market availability.
- The menu will be managed according to the budget as per NVS norms.
- Sweets will be given during feast timings.
- Millets will be provided according the availability.

Student captain

A.

N.

S.

U.

Senior teacher

A.

N. H. S. Rathva

S.

U. D. R. Rathva

Staff nurse

Principal

प्राचार्य/ PRINCIPAL
ज.न.वि. छोटा-उदेपुर
J.N.V. CHHOTAUDEPUR